

*This is an example which Paul has bought for his friend Anna (names changed).*

# Happy Birthday, dear Anna!

In recognition of this special day your friend Paul has asked me to look into the universe inside you and here is what I found:

In your inner world or psychological predisposition there is a intense conflict between two major parts inside you. This is why you might be feeling you are in for a rough ride at the moment. What's happening astrologically is that Pluto, the part of the psyche which carries raw emotional intensity and symbolic life-and-death struggle is sitting on your very human urge to assert yourself and stand up for yourself in life (symbolised by Mars). In our western culture we are not brought up to deal with the feelings of impotence, powerlessness and violent rage, which often is the expression of this conflict erupting...

In this year you are being asked to honestly confront your family background and the ways in which it has shaped you. This process has been building up and is getting really intense now. Don't despair if feelings of being thwarted by the survival needs of people close to you come up or if you get pains in your head. These are symptoms of the battle described above and require you to dialogue with both parts even more deeply. Writing as a way of dialoguing might work well for you.

These are difficult times for you, because the world you are asked to enter, clashes with the strongest part of who you are, your beautiful mind. You are most adapted to perceive the world through the purity of your mind (as opposed to feeling, sensation and intuitive faith), which is also being challenged this year. Neptune, the part of the psyche, which dissolves all boundaries and everything that keeps us separate from being one with the rest of the universe, is interfering with your love of following and communicating clear thoughts and ideas. You might find your mind clouded, your perception of reality distorted and wanting to lose yourself in something or somebody you love...and that's ok. It's meant to open you up to other ways of being in the world.

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The process you have entered holds the possibility for tremendous character formation - to live the paradox of going for what you want and being able to love unconditionally at the same time.

For further guidance please contact Xenia on  
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